

SIMPLIFIED K-BEAUTY BIO-HACKING

Beyond Surface-Level Products: A Scientific Guide to Dermal Density and Longevity.

FOUNDATION PRINCIPLES

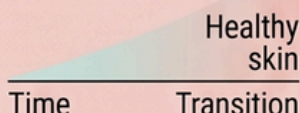
1. Strategic Layering

(Ingredient Synergy)



2. Long-Term Skin Health

(Slow-Ageing)

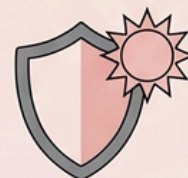


3. Build Skin Density

(Architectural pillars)



4. Daily SPF 50+ (Crucial Shield)



AM ROUTINE (Protection Shield)



1. Gentle Cleanse

2. Prep Toner

3. **VITAMIN C**
(Antioxidant Shield)

AM SHIELD ACTIVE
Antioxidant Shield
against UV & Pollution.

Most crucial daytime protection.

Path description from original k-beauty Shking.

PM ROUTINE (Nocturnal Repair)



1. Double Cleanse

2. Prep Essence

3a. **PDRN**
Reset

3b. **Retinol**
Reset

4. **COLLAGEN**
(Dermal Build)

Nocturnal recovery cycle.

Special PM active IM treatment
Description from original included. A
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TAKEAWAY

KEY PRINCIPLE:

Consistency > Complexity.
Simple, strategic active layering
with minimal active collision.



TAKEAWAY

PM BUILD ACTIVE
Builds **Dermal Density**
Pillars & Structural Volume.
Nocturnal recovery cycle.

